Manufactured by: Douglas Laboratories 600 Boyce Road Pittsburgh, PA 15205 USA www.douglaslabs.com 1.800.245.4440

Suggested use: As a dietary supplement, adults take 1 tablet daily or as directed by your healthcare professional. Allow tablet to dissolve in mouth and then swallow.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

KEEP OUT OF REACH OF CHILDREN. For optimal storage conditions, store in a cool, dry place. (59°-77°/F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #201659

Methyl B12 Plus

A Dietary Supplement



90 Tablets

Supplement Facts

Serving Size 1 Tablet Servings Per Container 90

(as methylcobalamin)

Amount Per Serving	%DV
Folate400 mcg	100%
(as L-methylfolate, Metafolin®)	
Vitamin B121.000 mcg	16.667%

Other ingredients: Xylitol, hydroxypropyl cellulose, natural black cherry and vanilla flavor, vegetable stearate.