

EASE YOUR MIND

Ground your nervous system with Vegan KSM 66® Ashwagandha, which helps reduce stress and calm nerves. PharmaGABA®, Suntheanine®, and calming nutrients support mood, clarity, and relaxation.†



Stress
reduction



Mood
balance



Mental
clarity

If you are pregnant, nursing or have a medical condition, consult your physician before use.

Store in a cool, dry place.

Do not use if inner seal is broken or missing.

PharmaGABA® is a registered trademark of Pharma Foods Intl.

Suntheanine® is a registered trademark of Taiyo Intl, Inc.



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†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

bodykitchen™



EDIBLE WELLNESS

CLINICALLY
STUDIED
INGREDIENTS

STRESS RELEASE' ADAPTOGEN COMPLEX

KSM 66® ASHWAGANDHA ROOT
FULL SPECTRUM | NO HORMONES | VEGAN

Supports: Adrenal Health + Mood Balance + Mental Clarity†

Dietary Supplement

60 capsules | 30 days

Directions: As a dietary supplement, adults take 2 capsules daily.

SUPPLEMENT FACTS

Serving Size : 2 vegetable capsules

Servings per container : 30

Amount per serving	% DV
Vitamin B-6 (as pyridoxal 5-phosphate)	25mg 1471%
Magnesium (as dimagnesium malate)	50mg 12%
Vegan KSM 66® Ashwagandha Root Extract 5% withanolides	600mg *
PharmaGABA® Gamma-Aminobutyric Acid	200mg *
Suntheanine® L-Theanine	100mg *

*Daily Value (DV) not established.

Other Ingredients: Vegetable capsule (capsule shell), rice bran concentrate.

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Manufactured for Body Kitchen LLC
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