



Made with Love by MegaFood.
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F1391B
Rev: 4 09/19
Best Before:
Lot#:

INNATE[®]

RESPONSE FORMULAS



vis medicatrix naturae

Women's Multivitamin

INCLUDING
METHYLATED FOLATE & B12

Multivitamin & Mineral
Dietary Supplement

60 Tablets

Supplement Facts

Serving Size 2 Tablets
Servings per Container 30

	Amount per Serving	% DV
• Vitamin A (beta carotene with carrot)	600 mcg RAE	67
• Vitamin C (ascorbic acid with organic orange)	100 mg	111
• Vitamin D3 (cholecalciferol with <i>S. cerevisiae</i>)	20 mcg	100
• Vitamin E (d-alpha tocopherol [sunflower] with organic brown rice)	20 mg	133
• Vitamin K1 (phytonadione with cabbage)	80 mcg	67
• Thiamin (B1) (thiamine HCl with <i>S. cerevisiae</i>)	1.5 mg	125
• Riboflavin (B2) (riboflavin 5'-phosphate sodium with organic brown rice)	1.7 mg	131
• Niacin (niacinamide with <i>S. cerevisiae</i>)	20 mg NE	125
• Vitamin B6 (pyridoxal-5-phosphate with organic brown rice)	6 mg	353
• Folate (L-5-MTHF with broccoli)	680 mcg DFE	170
	(400 mcg L-5-MTHF)	
• Vitamin B12 (methylcobalamin with <i>S. cerevisiae</i>)	10 mcg	417
• Biotin (with organic brown rice)	300 mcg	1000
• Pantothenic Acid (d-calcium pantothenate with organic brown rice)	10 mg	200
• Choline (choline bitartrate)	200 mg	36
• Iron (mineral bound <i>S. cerevisiae</i>)	15 mg	83
• Iodine (mineral bound <i>S. cerevisiae</i>)	150 mcg	100
• Zinc (rice amino acid chelate)	15 mg	136
• Selenium (mineral bound <i>S. cerevisiae</i>)	50 mcg	91
• Copper (mineral bound <i>S. cerevisiae</i>)	0.2 mg	22
• Manganese (mineral bound <i>S. cerevisiae</i>)	2 mg	87
• Chromium (GTF) (mineral bound <i>S. cerevisiae</i>)	100 mcg	286
• Molybdenum (mineral bound <i>S. cerevisiae</i>)	55 mcg	122
• Vitamin K2 (menaquinone-7 with cabbage)	40 mcg	**

** % Daily Value (DV) not established

Other Ingredients: Silica, Stearic Acid, Cellulose.

Suggested Use: 2 tablets daily, or as directed by your healthcare practitioner.
May be taken anytime throughout the day, even on an empty stomach.



At INNATE Response we share your belief that nothing is more important than supporting your body's innate ability to heal. To that end, we develop nutrient-rich supplements.

In this INNATE Response product each vitamin or mineral is paired with an ideal whole food using our unique process to deliver guaranteed potency and the benefit of health-promoting compounds present in the whole food itself.* See how they're made at innateresponse.com/showme. Satisfaction guaranteed or your money back.

Learn more at: www.innateresponse.com

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Store tightly sealed in a cool, dry place. Once opened, tablet color may naturally change over time.

To learn about our seals, please visit innateresponse.com/standards.