



Soothing Benefits

- Supports Sleep Quality*
- Supports Occasional Stress and Anxiety*
- Supports Healthy Adrenal Function*
- Promotes Positive Mood & More Energy*

Suggested Use: Take 2 capsules every 3 hours as needed between 1PM-8PM for best results or as recommended by your health practitioner.

Caution: Speak with your healthcare provider before using, especially if you have a health condition, take medications, are pregnant, or are nursing.

Storage: Keep tightly closed in a cool, dry place in the original container. Do not expose to excessive heat.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



HG-BS60-V1



BeSERENE™

Sleep, Anxiety, & Adrenal Support*

NO
FILLERS

NON
GMO



DIETARY SUPPLEMENT | 60 CAPSULES

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

	Amount Per Serving	% DV
Proprietary Blend	1,400 mg	*
Mulungu extract 10:1 (bark), <i>Asparagus racemosus</i> extract (shatavari root), <i>Rehmannia glutinosa</i> extract 10:1 (root), Schisandra extract (fruit) (std. to 2% schisandrins) holy basil powder (<i>Ocimum sanctum</i>) (leaf)		

*Daily Value (%DV) not established.

Other ingredients: Hypromellose (vegetable capsule).

Manufactured in the
USA Exclusively For:

Healthy Gut, LLC
3980 Broadway St, #103-166
Boulder, CO 80304

For Re-Orders or
Customer Support:

1-888-612-5997
healthygut.com

No added: Milk, casein, eggs, fish, shellfish, soy, wheat, gluten, tree nuts, peanuts, yeast, or rice. Free of artificial colors or flavors and stearates.