



Psyllium Husk is a natural dietary fiber originating from *Plantago ovata*. Psyllium husks are not absorbed by the intestines. Its ability to swell up many times its initial volume and form a gel-like substance when added to liquid can play an important role in supporting regularity and gastrointestinal health.*

SUGGESTED USE: FOR OCCASIONAL USE ONLY: 2 capsules twice daily with 8 ounces of water or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. This product should be consumed with at least a full glass of liquid. Consuming this without enough liquid may cause choking. Do not consume this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. Read and follow directions carefully. This product is not intended for pregnant or nursing mothers or children under the age of 18. Do not use this product if you have abdominal pain, diarrhea or loose stools. Rectal bleeding and / or failure to have a bowel movement after the use of a laxative formula may be an indication of a more serious condition. Should this occur, or if you have a known medical condition and are taking medication, consult your physician prior to taking this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or mitigate any disease.

KEEP OUT THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.



X000U6LNS3



PSYLLIUM HUSK

NATURAL DIETARY FIBER

- ✓ Helps Support Regularity*
- ✓ Great Natural Source Of Soluble Fiber*
- ✓ Weight Loss Support*

240
capsules

DIETARY SUPPLEMENT
1450mg Per Serving



Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 120

	Amount Per Serving	% DV
Psyllium Husk	1450mg	†

†%Daily Value not established

Other Ingredients: Gelatin, vegetable magnesium stearate and silicon dioxide.

zero ADDED
ARTIFICIAL
INGREDIENTS



WITH NATURAL INGREDIENTS



NutriONN

Distributed by: **NutriONN**
6600 NE 78th Ct. B4,
Suite 78399, Portland, OR 97218
(971) 213-8009

For special tips and discounts visit

www.NUTRIONN.com