



Please read entire label before use.

Suggested Use: USE ON TRAINING DAYS ONLY. PLEASE BEGIN WITH ONE SERVING (1 SCOOP) TO ASSESS TOLERANCE LEVEL BEFORE PROGRESSING TO TWO FULL SCOOPS. Take one (1) serving (1 scoop) approximately 15-30 minutes prior to training, blended into 6-8 ounces of cold water or beverage, or as suggested by a qualified healthcare practitioner. **Important Note(s):** Do not exceed two (2) servings (2 scoops) in a 24 hour period. Avoid eating food or drinking a protein shake within an hour after consuming **1MR VORTEX™**. To avoid sleeplessness, do not take within four (4) hours of bedtime. Taking **1MR VORTEX™** with food, or on a full stomach, may diminish its effects.

Warnings: Not intended for use by persons under age 18. Do not exceed recommended dose. Do not take for more than eight (8) consecutive weeks. This product should not be taken by pregnant or lactating women. Get the consent of a licensed physician before using this product, especially if you are taking medication, have a medical condition, or thinking about becoming pregnant. **KEEP THIS PRODUCT AND ALL SUPPLEMENTS OUT OF THE REACH OF CHILDREN. NOT INTENDED FOR USE BY THOSE WITH A MEDICAL CONDITION.**

Caffeine warning: The recommended serving of this product contains approximately as much caffeine as two cups of coffee. Do not consume caffeine, or combine with synephrine, including but not limited to coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally rapid heartbeat. Discontinue use if you experience dizziness, severe headache, rapid heartbeat or shortness of breath.

Caution: **1MR VORTEX™** contains the B vitamin niacin. Niacin may cause temporary flushing, tingling, skin reddening, and sensations of heat, especially if taken on an empty stomach. This is a common reaction.

¹When combined with a proper exercise and nutrition regimen. Statements based on early-stage independent 3rd party *in vivo* and / or *in vitro* model scientific research data findings for individual ingredients.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Limited Edition

1.M.R

VORTEX™

PRE-TRAINING POWDER

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NEW FLAVOR TECHNOLOGY!

FRUIT PUNCH Natural and Artificial Flavors

50 SERVINGS

DIETARY SUPPLEMENT • NET WEIGHT 5.3 OZ (150 GRAMS)

Supplement Facts

Serving Size: 1 Scoop (3 grams), Servings Per Bottle: 50. Amount Per Serving: Niacin (as nicotinic acid) 20 mg (100% DV), **FULL SPEED VORTEX™ MATRIX (Proprietary)** 1,705 mg, Glycerol (as glycerol monostearate) (* DV), *Indigofera pulchra* (aerial) (* DV), Caffeine (as caffeine anhydrous) (* DV), White leadwort (root) (* DV), *Securinega (Securinega suffruticosa)* (leaf and root) (* DV), Yohimbe (*Pausinystalia yohimbe*) (bark) (* DV).

*Daily Value (DV) not established.

Other Ingredients: Citric acid, natural and artificial flavors, sucralose, malic acid, acesulfame-K, silica, maltodextrin, and FD&C Red No. 40.



Manufactured for and Distributed By:
BPI Sports, Hollywood, FL 33312.
To report an adverse event or for more information call: 954.926.0900 (tel)
www.bpisports.net

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