

SUGGESTED USE: Adults, as a dietary supplement, take one (1) capsule daily with a meal.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

10235-v203



DR. MERCOLA®

ZINC PLUS SELENIUM



30 CAPSULES

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

| | Amount Per Serving | %Daily Value |
|--|--------------------|--------------|
| Zinc (from Zinc Bisglycinate Chelate) | 15 mg | 136% |
| Selenium [from Selenium Yeast (<i>Saccharomyces cerevisiae</i>)] | 200 mcg | 364% |
| Copper (from Copper Bisglycinate Chelate) | 0.25 mg | 28% |

OTHER INGREDIENTS: Organic Rice Hull, Capsule (Hydroxypropyl Methylcellulose).

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

Providing quality products since 2001.