

SUGGESTED USE: Adults, as a dietary supplement, take one (1) teaspoon (5 mL) daily.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

Refrigerate after opening for quality.

The Cod Liver Oil in this product comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery. www.msc.org

MSC-C-54856

10403-v100



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DR. MERCOLA®

WILD CAUGHT ALASKAN COD LIVER OIL

1,000 mg Omega-3s Per Serving



NATURAL
LEMON
FLAVOR



6.8 FL. OZ. (200 mL) | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Teaspoon (5 mL)

Servings Per Container: 40

	Amount Per Serving	%DV
Calories	40	
Total Fat	4.5 g	6%*
Saturated Fat	1 g	5%*
Cholesterol	25 mg	8%*
Vitamin A (from Cod Liver Oil)	810 mcg RAE (2,700 IU)	90%
Vitamin D (from Cod Liver Oil)	4.5 mcg (180 IU)	23%
Alaskan Cod Liver Oil [^]	4,500 mg	**
Total Omega-3 Fatty Acids	1,000 mg	**
EPA (Eicosapentaenoic Acid)	450 mg	**
DHA (Docosahexaenoic Acid)	400 mg	**
DPA (Docosapentaenoic Acid)	45 mg	**
Naturally Occurring Pro-Resolving Mediators (Including 14-HDHA, 17-HDHA, and 18-HEPE)	45 mcg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

OTHER INGREDIENTS: Organic Lemon Oil, Mixed Tocopherols (from Sunflower Oil).
CONTAINS FISH (COD).

DISTRIBUTED BY: NHP, 125 SW 3rd Place, Cape Coral, FL 33991 USA (877) 985-2696
Providing quality products since 2001. [^]Cod - MSC Certified