

SUGGESTED USE: Adults, as a dietary supplement, take one (1) capsule daily with a meal.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, HAVE A BLOOD COAGULATION OR OTHER MEDICAL CONDITION, OR ARE TAKING MEDICATION SUCH AS ANTICOAGULANTS CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

10394-v100



DR. MERCOLA®

VITAMINS D₃ & K₂

LOW DOSE

**1,000 IU Vitamin D₃
45 mcg Vitamin K₂ (MK-7)**

Per Capsule

30 Capsules | Dietary Supplement

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol)	25 mcg (1,000 IU)	125%
Vitamin K ₂ [as Menaquinone-7 (MK-7, from Chickpea)]^	45 mcg	38%

OTHER INGREDIENTS: Organic Rice Hull, Capsule (Hydroxypropyl Methylcellulose), Glycerol Monostearate, Maltodextrin, Modified Starch, Sucrose, Ascorbyl Palmitate, Rosemary (Leaf) Extract.

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

Providing quality products since 2001.

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**SOY
FREE**