

10046-v403

OTHER INGREDIENTS: Water, Vegetable Glycerin, Xylitol, Natural Flavors, Citric Acid, Potassium Sorbate (to Maintain Freshness), Guar Gum, Organic Steviol Glycosides (from Organic *Stevia rebaudiana* Leaf).

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

SUGGESTED USE: Adults, as a dietary supplement, shake before use, and take five (5) sprays one (1) hour before bedtime as needed. For best results, refrigerate after opening.

For sleep support†

DO NOT SPRAY IN EYES. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN. DO NOT USE BEFORE OR WHILE OPERATING A MOTOR VEHICLE OR HEAVY MACHINERY. IF YOU ARE NURSING, PREGNANT, HAVE AN AUTOIMMUNE OR DEPRESSIVE DISORDER, ARE TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

Providing quality products since 2001.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DR. MERCOLA®

SLEEP SUPPORT

1.5 mg MELATONIN

per serving

Natural Raspberry Flavor
with Other Natural Flavors

Dietary Supplement
0.98 FL. OZ. (29 mL)

Supplement Facts

Serving Size: 5 Sprays (about 0.83 mL)

Servings Per Container: About 35

	Amount Per Serving	%DV
Niacin (Vitamin B3) (as Nicotinic Acid)	1.5 mg	9%
Vitamin B6 (as Pyridoxine Hydrochloride)	3 mg	176%
Melatonin	1.5 mg	*
Dr. Mercola's Calming Blend	46.1 mg	*
Tart Cherry (<i>Prunus cerasus</i>) Fruit Concentrate		
Chamomile Flower Extract		
Jujube Seed Extract		
Dr. Mercola's Neuro Blend	33 mg	*
GABA (Gamma-Amino Butyric Acid)		
L-Theanine		
L-Tryptophan		
5-HTP (5-Hydroxytryptophan) (from <i>Griffonia simplicifolia</i> Seed Extract)		

*Daily Value (DV) not established.