

Found in Peru and other parts of South America Yacón, often referred to as Peruvian ground apple, is a tuberous root, much like a jicama or sweet potato. The Yacón Tuber can be eaten plain, dried into a powder or cooked into a syrup or tea.

In all its forms Yacon has been shown to support weight loss and healthy blood sugar levels. Yacón is an important natural source of FOS (fructooligosaccharides) which is a vital source of fiber for healthy digestive balance and good probiotic function by promoting “friendly bacteria”. This type of fiber passes through the digestive tract unmetabolised and has a very low caloric value. This natural source of fiber has been shown to slow food transit time and support healthy blood sugar levels which can assist in reducing food cravings and assist in weight loss.†

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**EACH CAPSULE EQUALS
1 OZ. OF YACÓN SYRUP**



**ORGANIC
YACÓN EXTRACT FORMULA**
(5:1 Extract 90% FOS)

with Chia and Açaí

**Helps Promote Weight Loss†
Provides Vital Prebiotic Fiber (FOS)†
Supports Healthy Metabolism†**



Dietary Supplement • 90 CAPSULES

Supplement Facts

Serving Size: 1 Capsule
Servings per Container: 90

	Amount Per Serving
Yacón (<i>Smallanthus sonchifolius</i>) root powder and Inulin (fructooligosaccharide extract of chicory root)	1,000 mg
Proprietary Blend:	50 mg
Açaí (<i>Euterpe oleracea</i>) fruit powder and chia (<i>Salvia hispanica</i>) seed	

† Daily value not established.

Other ingredients: gelatin, rice flour, magnesium stearate, silica.

DIRECTIONS: Take 1 capsule three times daily with meals as a dietary supplement.

- Keep out of reach of children.
- Store at 15-30°C (59-86°F).
- Protect from heat, light and moisture.
- Do not use if seal is broken.

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