

DR. MERCOLA®

organic



# RESISTANT STARCH COMPLEX

**TYPE 1** – ORGANIC TIGERNUT FLOUR

**TYPE 2** – ORGANIC GREEN BANANA FLOUR

**TYPE 3** – ORGANIC PREGELATINIZED POTATO STARCH

**PLUS ORGANIC RESISTAID® ARABINOGALACTAN**

UNFLAVORED

GMO FREE GLUTEN FREE SOY FREE

POWDERED DIETARY SUPPLEMENT

NET WT. 9.52 OZ. (270 g)

## Supplement Facts

Serving Size: 1 scoop (9 g)  
Servings Per Container: 30

|                                                                                             | Amount Per Serving | %Daily Value |
|---------------------------------------------------------------------------------------------|--------------------|--------------|
| Calories                                                                                    | 30                 |              |
| Total Carbohydrate                                                                          | 7 g                | 3%*          |
| Dietary Fiber                                                                               | 2 g                | 7%*          |
| Organic Resistant Starch Complex                                                            | 7.5 g              | **           |
| Organic Green Banana ( <i>Musa paradisiaca</i> ) Fruit Flour                                |                    | **           |
| Organic Pregelatinized Potato ( <i>Solanum tuberosum</i> ) Starch                           |                    | **           |
| Organic Tigernut ( <i>Cyperus esculentus</i> ) Tuber Flour                                  |                    | **           |
| Organic ResistAid® Arabinogalactan [from Organic Larch ( <i>Larix laricina</i> ) Heartwood] | 1.5 g              | **           |

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

**DISTRIBUTED BY:** NHP  
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Cape Coral, FL 33991 USA  
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**CERTIFIED ORGANIC BY:**  
Quality Assurance International

Providing quality products since 2001.



ResistAid® is a Lonza trademark registered in USA.

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# RESISTANT STARCH COMPLEX

**Dr. Mercola Organic Resistant Starch Complex** combines types 1, 2 and 3 of resistant starches to help support your body's beneficial bacteria for optimal metabolic health, digestive function and detoxification.<sup>†</sup> A single serving provides 7.5 grams of these key starches plus 1.5 grams of ResistAid® arabinogalactan from organic larch trees.

Easily mix this unflavored supplement powder into your favorite smoothie, beverage or yogurt for a gut-balancing supplement to help keep your microbiome thriving.<sup>†</sup>



Digestive Support<sup>†</sup>



Blood Glucose Support<sup>†</sup>



Detoxification Support<sup>†</sup>

**SUGGESTED USE:** Adults, as a dietary supplement, mix one (1) scoop (9 g) with 8 fl. oz. of water, juice or other desired beverage.

**KEEP OUT OF REACH OF CHILDREN.**

**DO NOT USE IF SAFETY SEAL IS TORN OR DAMAGED.**

**IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.**

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

