



SWANSON
PREMIUM BRAND

bringing wellness to the world since 1969

Full Spectrum®

7 Mushroom Complex

Made with Certified
Organic Mushrooms
Herbal Supplement



60 veggie capsules

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one veggie capsule one to two times per day with water.

WARNING: Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are taking any prescription medications or have a medical condition. Discontinue use if unusual symptoms occur.

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving

Organic Mushroom Blend.....	490 mg*
Organic Blazel Mushroom (Agaricus blazei) (mycelium).....	70 mg*
Organic Cordyceps sinensis.....	70 mg*
Mushroom (Bionectria ochroleuca) (mycelium).....	
Organic Maitake Mushroom.....	70 mg*
(Grifola frondosa) (mycelium).....	
Organic Lion's Mane Mushroom.....	70 mg*
(Hericium erinaceus) (mycelium).....	
Organic Reishi Mushroom.....	70 mg*
(Ganoderma lucidum) (mycelium).....	
Organic Shiitake Mushroom.....	70 mg*
(Lentinula edodes) (mycelium).....	
Organic Turkey Tail Mushroom.....	70 mg*
(Coriolus versicolor) (mycelium).....	

*Daily Value not established.

Other ingredients: Hypromellose (vegetable capsule), organic potato starch, organic rice concentrate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS • Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com

Certified Organic by Minnesota Crop Improvement Association (MCIA), St. Paul, MN 55108.



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