

**swanson.com**

or call 1-800-437-4148

- Antioxidant cellular protector
- Traditional support for a healthy immune system
- Full Spectrum® whole herb formula

Science-Backed Quality Since 1969

**Suggested use:** As a dietary supplement, take one capsule one to two times per day with water.

**WARNING:** For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**SWANSON®**

# Full Spectrum® Japanese Ashitaba

Antioxidant and Cellular Protector

500 mg per capsule

HERBAL SUPPLEMENT | 60 CAPSULES

## Supplement Facts

Serving Size 1 Capsule

### Amount Per Serving

Japanese Ashitaba 500 mg\*  
(*Angelica keiskei*)  
(leaves & stems)

\*Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS  
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