

swanson.com
or call 1-800-437-4148

- Citrate form for optimal absorption
- Boosts antioxidant activity to help reinforce the body's defenses**
- Vegan and gluten free

Suggested use: As a dietary supplement, chew two gummies per day. Chew thoroughly before swallowing. Gummies may stick together, but this does not affect the potency, quality or efficacy of the product.

WARNING: For adults only. Consult your healthcare provider before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Taking zinc on an empty stomach may cause stomach upset in some people.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



60
GUMMIES
DIETARY SUPPLEMENT

SWANSON
Zinc
30 mg
Immune Health**
Elderberry

- VEGAN
- GLUTEN FREE
- NON-GMO



Supplement Facts

Serving Size 2 Gummies
Servings Per Container 30

Amount Per Serving	%Daily Value	
Calories	20	
Total Carbohydrates	5 g	2%†
Total Sugars	4 g	*
Includes 4 g Added Sugars		8%
Sodium	10 mg	<1%
Zinc (from zinc citrate)	30 mg	273%

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Organic cane sugar, organic tapioca syrup, water, pectin, citric acid, sodium citrate, natural elderberry flavor, organic black carrot extract (color).

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
Fargo, ND 58104 USA • 1-800-437-4148



Rev 1 05 27 22

SW1846

