

swanson.com

or call 1-800-437-4148

- Essential for cardiovascular health
- Provides daily antioxidant support
- Helps protect against free radical damage

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one softgel one to two times per day with water.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place. Do not refrigerate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON

E

Mixed Tocopherols

VITAMIN E
Antioxidant and Essential Nutrient

200 IU per softgel

VITAMIN SUPPLEMENT | 250 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Vitamin E	134 mg	893%
(as d-alpha tocopherol plus mixed tocopherols: d-beta, d-delta and d-gamma tocopherol)		

Other ingredients: Gelatin, glycerin, soybean oil, purified water. Contains soy.

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