

swanson.com

or call 1-800-437-4148

- Provides antioxidant protection for a healthy heart & vital tissues
- Fights free radicals throughout the body for overall wellbeing

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one softgel per day with water.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place. Do not refrigerate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON

E

VITAMIN E
Antioxidant and Essential Nutrient

400 IU (180 mg) per softgel

VITAMIN SUPPLEMENT | 60 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Vitamin E	180 mg	1,200%
(as dl-alpha tocopheryl acetate)		

Other ingredients: Gelatin, vegetable glycerin, soybean oil, purified (deionized) water.

May contain sulfites.

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