

swanson.com

or call 1-800-437-4148

- An expert-formulated combination of immune-supporting ingredients
- Contains 1,000 mg vitamin C and 5,000 IU (125 mcg) of vitamin D3
- Provides comprehensive immune system defense

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take two capsules per day with food and water.

WARNING: For adults only. Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are taking any prescription medications or if you have a medical condition, especially hypercalcemia or kidney disorders. This product should be used under the supervision of a healthcare professional to monitor vitamin D blood levels. Do not exceed recommended dose. Not intended for use by children.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



High Potency Ultimate Immune Defense

WITH VITAMIN C, D, ZINC & ELDERBERRY

Immune Health

COMPREHENSIVE FORMULA

DIETARY SUPPLEMENT | 60 CAPSULES

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

Amount Per Serving		%Daily Value
Vitamin C	1,000 mg	1,111%
(as ascorbic acid)		
Vitamin D3	125 mcg	625%
(as cholecalciferol)		
Zinc	15 mg	136%
(from zinc picolinate)		
Elderberry Extract	100 mg	*
(Sambucus nigra) (fruit)		

*Daily Value not established.

Other ingredients: Microcrystalline cellulose (plant fiber), gelatin, maltodextrin, magnesium stearate, silica.

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