

swanson.com
or call 1-800-437-4148

- Supports nervous system health
- Enhances thyroid function
- Contains Coleus forskohlii and L-selenomethionine

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule two times per day with food and water.

WARNING: For adults only. Do not take this product if you are pregnant or nursing, or if you have or have had low blood pressure, a blood coagulation disorder, or gastric ulcers. Do not take this product if you are taking prescription medications, especially blood pressure, blood-thinning, or anti-asthmatic medications. Discontinue use two weeks prior to surgery. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Thyroid Essentials

Thyroid Support

COMPREHENSIVE FORMULA

DIETARY SUPPLEMENT | 90 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Thiamin	25 mg	2,083%
(from thiamine mononitrate) (vitamin B-1)		
Riboflavin (vitamin B-2)	25 mg	1,923%
Niacin (as niacinamide)	25 mg NE	156%
Vitamin B-6 (from pyridoxine HCl)	25 mg	1,471%
Folate	40 mcg DFE	10%
(25 mcg folic acid)		
Vitamin B-12 (as cyanocobalamin)	25 mcg	1,042%
Pantothenic Acid	25 mg	500%
(from calcium pantothenate)		
Iodine (from kelp)	100 mcg	67%
Magnesium	25 mg	6%
(from magnesium oxide)		
Zinc (from zinc oxide)	25 mg	227%
Selenium (from selenomethionine)	50 mcg	91%
Copper (from copper gluconate)	2 mg	222%
L-Tyrosine	150 mg	*
Coleus forskohlii	50 mg	*
(standardized to 10% forskolin) (root)		

*Daily Value not established.

Other ingredients: Rice flour, gelatin, magnesium stearate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
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