

**swanson.com**

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- Total wellness for mind, body & home
- Unsurpassed purity & potency
- 100% money back guaranteed

Science-Backed Quality Since 1969

**Suggested use:** As a dietary supplement, take one veggie capsule per day with water.



**WARNING:** For adults only. Do not take this product if you are pregnant or nursing. Consult your healthcare provider before using this or any product if you are taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**SWANSON®**

# Shilajit Extract

Source of Fulvic Acid

400 mg per capsule **STANDARDIZED**

HERBAL SUPPLEMENT | **60 VEGGIE CAPSULES**

## Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving

Shilajit Extract	400 mg*
( <i>Asphaltum</i> ) (mineral pitch)	
(standardized to 5% fulvic acid)	

\*Daily Value not established.

Other ingredients: hypromellose (vegetarian capsule), maltodextrin, microcrystalline cellulose (plant fiber), magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

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