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Suggested use: As a dietary supplement, take one capsule one to two times per day with water.

WARNING: For adults only. Do not take this product if you are pregnant or nursing. Consult your healthcare provider before using this or any product if you are taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



## Shatavari **Root Extract**

Menopause Support

500 mg per capsule

**STANDARDIZED** 

## **Supplement Facts**

Serving Size 1 Capsule

Amount Per Serving

Shatavari Root Extract 500 ma\* (Asparagus racemosus) (standardized to minimum 20% saponis)

\*Daily Value not established.

Other ingredients: Brown dextrin, microcrystalline cellulose (plant fiber). gelatin, magnesium stearate, silica. DISTRIBUTED BY SWANSON HEALTH PRODUCTS

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SWH176

HERBAL SUPPLEMENT 120 CAPSULES