

swanson.com
or call 1-800-437-4148

- Promotes a balanced and positive mood
- Promotes mental and emotional wellbeing

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one veggie capsule one to two times per day before meals.

Safr'Inside™ is a trademark of Activ'Inside.

WARNING: For adults only. Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are taking a prescription medication or if you have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Saffron Extract

Mental and Emotional Health

CERTIFIED ORGANIC SAFFRON

HERBAL SUPPLEMENT | 60 VEGGIE CAPS

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving

Safr'Inside™ Certified Organic 30 mg*
Saffron Extract (Crocus sativus)
(stigmas) (providing minimum 2%
safranal)

*Daily Value not established.

Other ingredients: Organic brown rice flour, pullulan (vegetarian capsule), maltodextrin.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
Fargo, ND 58104 USA • 1-800-437-4148

Certified Organic by Minnesota Crop
Improvement Association (MCIA),
St. Paul, MN 55108.

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