

swanson.com
or call 1-800-437-4148

- Nine adaptogenic herbs help keep the body in balance
- Supports a healthy, natural response to daily stress
- Supports mood, energy and overall immune function

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule one to two times per day with water.

WARNING: For adults only. Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are currently taking any prescription medications, receiving medical treatment, or if you have a medical condition, especially high blood pressure. Discontinue use if unusual symptoms occur. Contains dong quai; avoid lengthy exposure to natural sunlight and other sources of UV light as this product may increase your skin's photosensitivity resulting in sunburn or skin rash. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Rhodiola Ashwagandha Ginseng Complex

Stress Support

ADAPTOGENIC HERBAL FORMULA

HERBAL SUPPLEMENT | 60 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Astragalus Root (Astragalus membranaceus L.)	75 mg*
Dong Quai Root (Angelica sinensis)	75 mg*
Korean Ginseng Root (Panax ginseng)	75 mg*
Reishi Mushroom (Ganoderma lucidum) (whole plant body)	75 mg*
Rhodiola rosea Root	75 mg*
Schisandra chinensis Fruit	75 mg*
Suma Root (Pfaffia paniculata)	75 mg*
Wolfberry Fruit (Lycium barbarum)	75 mg*
Ashwagandha 10:1 Extract (Withania somnifera) (roots and aerial parts)	7.5 mg*

*Daily Value not established.

Other ingredients: Gelatin, rice flour, magnesium stearate, silica.

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