

swanson.com
or call 1-800-437-4148

- Delivers B2 directly in its active form so it's ready to perform
- Essential for cellular energy metabolism

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one veggie capsule one to two times per day with water.



WARNING: For adults only. Consult your healthcare provider before using this or any product if you are pregnant or nursing, taking medication, or have a medical condition.

Keep out of reach of children. Do not use if seal is broken.
Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



R-5-P

Riboflavin-5-Phosphate

COENZYMATED VITAMIN B2

Energy and Metabolism

50 mg per capsule

VITAMIN SUPPLEMENT | 60 VEGGIE CAPS

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving	% Daily Value
Riboflavin 50 mg (as riboflavin 5'-phosphate)	3,846%

Other ingredients: Brown rice flour, hypromellose (vegetable capsule), L-leucine.

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