

SUGGESTED USE: Adults, as a dietary supplement, take one (1) capsule daily.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

Providing quality products since 2001.

DR. MERCOLA®

ESSENTIAL MINERAL COMPLEX

30 CAPSULES

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Zinc (from Zinc Bisglycinate Chelate)	15 mg	136%
Selenium [from Selenium Yeast (<i>Saccharomyces cerevisiae</i>)]	150 mcg	272%
Copper (from Copper Bisglycinate Chelate)	2 mg	222%
Manganese (from Manganese Bisglycinate Chelate)	2 mg	87%
Chromium (from Chromium Nicotinate Glycinate Chelate)	500 mcg	1429%
Molybdenum (from Molybdenum Glycinate Chelate)	500 mcg	1111%
Boron (from Boron Amino Acid Chelate)	5 mg	*

*Daily Value not established.

OTHER INGREDIENTS: Capsule (Hydroxypropyl Methylcellulose), Organic Rice Hull, Organic Gum Acacia, Organic Rice Bran Extract, Organic Sunflower Oil.

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

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