THE ULTIMATE COMPLEX CARBOHYDRATE

THE BODY'S #1 MUSCLE ENERGY FUEL

New CYTOCARB II is the pure carbohydrate powder that does more than increase performance and recovery. CYTOCARB II is also designed to promote anabolic status and muscle growth. More than yesterday's energy powders, CYTOCARB II is today's single most powerful nutritional tool for customizing carbohydrate intake to meet specific goals.

PEAK PERFORMANCE

CYTOCARB II helps improve performance and endurance. By maintaining muscle glycogen, CYTOCARB II helps produce muscle ATP to fuel longer, harder workouts. CYTOCARB II helps keep muscle glycogen at peak levels to extend performance and endurance.

ENHANCE RECOVERY

CYTOCARB II is anti-catabolic. It helps stop muscle breakdown after workouts. Taking CYTOCARB II within the "Golden Hour" after workouts superrecharges critical muscle glycogen. and kick-starts the body into favorable nitrogen retention.

PROMOTE HYPERTROPHY

CYTOCARB II is pro-anabolic. It helps facilitate the uptake of amino acids into hungry muscle, leading to muscle growth (hypertrophy). This

volumizing and "force-feeding" of amino acids helps trigger the bottom line to muscle growth and repair-protein synthesis.

CUSTOMIZED NUTRITION

CYTOCARB II enables you to customize shakes and juices to double. even triple, their carbohydrate content. Sometimes, you need more carbs to achieve your goals. CYTOCARB II is the perfect tool to increase carb intake for harder workouts and faster recov-

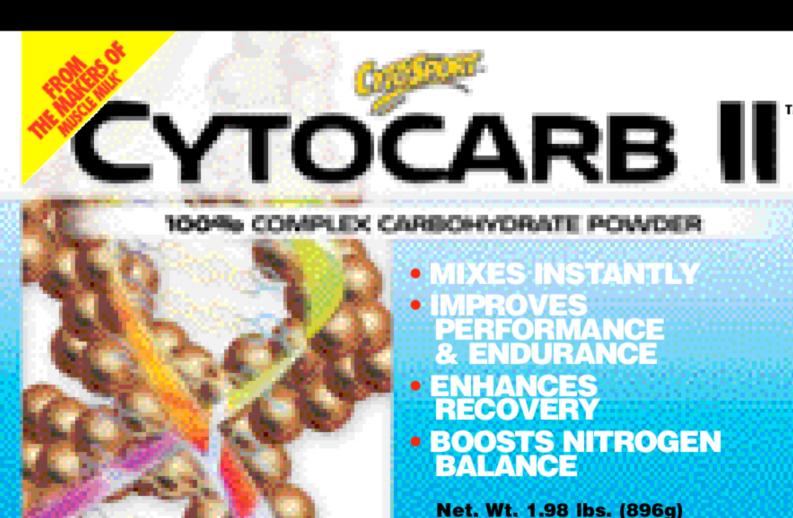
ALL THRILLER, NO FILLERS

CYTOCARB II is pure, 100% natural complex carbohydrates. With zero fat, ultra low sodium, no flavoring, colorings or additives, CYTOCARB II is all thriller, with no filler, It's the purest, cleanest carbohydrate supplement in the world.

EASY TO USE

CYTOCARB II dissolves instantly in water. No clumping like others, and no blender needed. CYTOCARB II is tasteless, so you get added carbohydrates without added sweetness. You won't know CYTOCARB II is in your drink, but your muscles will next

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease



Dietary Supplement

Supplement Facts Serving Size 4 scoops (56g) Servings Per Container 16

Amount ** % D Per Serving Valu		
Calories	210	
Total Fat	0g	0%
Total Carbohydra	te 53g	18%
Sugars	2g	
Protein	0g	
Sodium	45mg	2%

*Percent Daily Values are based on a 2.000 calorie diet.

INGREDIENTS

CytoCarb II™ (CytoSport's Mix 4 scoops into a beverag unique combination of branchor between meals, twice pe ing as well as short, medium and long linear chain maltodextrins, with very low "DE" (Dextrose Equivalence) providing a complex carbohydrate source approximately 96.5% Sugar-free).

DIRECTIONS

water, juice or milk. For eve

results, mix with legendary

CLE MILK®, the world's mos

plete, best tasting protein.

FOR BEST RESULTS

Take CYTOCARE II twice

Mix 4 scoops into a beverage

in 60 minutes after workout

ing the "Golden Hour" of re

Take another dose with or b

NON WORKOUT DAYS

meals.

ON WORKOUT DAYS

Blend 4 scoops of CYTO II into 8-12 ounces of your

	Amount ** er Serving	* % Daily Values
es	210	
Fat	0g	0%
Carbohydrate	53g	18%
rs	2g	
n	0g	
m	45mg	2%

For information on CytoSport quality

Call 1-888-CYTOMAX (298-662 CytoSport, Benicia, CA 94510 www.cytosport.com

