

THE ULTIMATE COMPLEX CARBOHYDRATE

THE BODY'S #1 MUSCLE ENERGY FUEL

New **CYTOCARB II** is the pure carbohydrate powder that does more than increase performance and recovery. **CYTOCARB II** is also designed to promote anabolic status and muscle growth. More than yesterday's energy powders, **CYTOCARB II** is today's single most powerful nutritional tool for customizing carbohydrate intake to meet specific goals.

PEAK PERFORMANCE

CYTOCARB II helps improve performance and endurance. By maintaining muscle glycogen, **CYTOCARB II** helps produce muscle ATP to fuel longer, harder workouts. **CYTOCARB II** helps keep muscle glycogen at peak levels to extend performance and endurance.

ENHANCE RECOVERY

CYTOCARB II is anti-catabolic. It helps stop muscle breakdown after workouts. Taking **CYTOCARB II** within the "Golden Hour" after workouts super-recharges critical muscle glycogen, and kick-starts the body into favorable nitrogen retention.

PROMOTE HYPERTROPHY

CYTOCARB II is pro-anabolic. It helps facilitate the uptake of amino acids into hungry muscle, leading to muscle growth (hypertrophy). This

volumizing and "force-feeding" of amino acids helps trigger the bottom line to muscle growth and repair-protein synthesis.

CUSTOMIZED NUTRITION

CYTOCARB II enables you to customize shakes and juices to double, even triple, their carbohydrate content. Sometimes, you need more carbs to achieve your goals. **CYTOCARB II** is the perfect tool to increase carb intake for harder workouts and faster recovery.

ALL THRILLER, NO FILLERS

CYTOCARB II is pure, 100% natural complex carbohydrates. With zero fat, ultra low sodium, no flavoring, colorings or additives, **CYTOCARB II** is all thriller, with no filler. It's the purest, cleanest carbohydrate supplement in the world.

EASY TO USE

CYTOCARB II dissolves instantly in water. No clumping like others, and no blender needed. **CYTOCARB II** is tasteless, so you get added carbohydrates without added sweetness. You won't know **CYTOCARB II** is in your drink, but your muscles will next workout.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

FROM
THE MAKERS OF
MUSCLE MILK

CYTOCARB II™

100% COMPLEX CARBOHYDRATE POWDER

- MIXES INSTANTLY
- IMPROVES PERFORMANCE & ENDURANCE
- ENHANCES RECOVERY
- BOOSTS NITROGEN BALANCE

Net. Wt. 1.98 lbs. (896g)

Dietary Supplement

Supplement Facts

Serving Size 4 scoops (56g)
Servings Per Container 16

	Amount Per Serving	% Daily Values
Calories	210	
Total Fat	0g	0%
Total Carbohydrate	53g	18%
Sugars	2g	
Protein	0g	
Sodium	45mg	2%

Not a significant source of sat. fat, cholesterol, fiber, vitamin A, vitamin C, calcium and iron.

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS

CytoCarb II™ (CytoSport's unique combination of branching as well as short, medium and long linear chain maltodextrins, with very low "DE" (Dextrose Equivalence) providing a complex carbohydrate source approximately 96.5% Sugar-free).

DIRECTIONS

Blend 4 scoops of **CYTOCARB II** into 8-12 ounces of your water, juice or milk. For even results, mix with legendary **CLE MILK®**, the world's most complete, best tasting protein.

FOR BEST RESULTS

Take **CYTOCARB II** twice daily **ON WORKOUT DAYS**

Mix 4 scoops into a beverage in 60 minutes after workout during the "Golden Hour" of recovery. Take another dose with or between meals.

NON WORKOUT DAYS

Mix 4 scoops into a beverage or between meals, twice per day.

For information on CytoSport quality,
Call 1-888-CYTOMAX (298-6622)
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