

swanson.com

or call 1-800-437-4148

- Promotes cardiovascular and nervous system health
- Provides protection against free radical damage
- Maintains antioxidant support

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one softgel per day with water.

WARNING: For adults only. Consult your healthcare provider before using this or any product if you are pregnant or nursing, taking medication, or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place. Do not refrigerate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**SWANSON**

Natural
E

VITAMIN E
Antioxidant and Essential Nutrient

1,000 IU per softgel

VITAMIN SUPPLEMENT | 250 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
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Vitamin E	671.1 mg	4,474%
(as d-alpha tocopheryl acetate)		

Other ingredients: Gelatin, soybean oil, glycerin, purified water.

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