

swanson.com

or call 1-800-437-4148

- Supports joint integrity, movement and flexibility
- Features vegetable extracts from avocado and soy to support the integrity of joint tissues

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule per day with water.

AvoVida® is a registered trademark of Cyvex Nutrition, Inc., d/b/a Nutegrity.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



AvoVida®

Joint Health and Mobility

300 mg per capsule MAXIMUM STRENGTH

DIETARY SUPPLEMENT | 60 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

AvoVida® Avocado/Soy 300 mg*

Unsaponifiables [standardized to minimum 30% phytosterols (beta-sitosterol, campesterol, stigmasterol)]

*Daily Value not established.

Other ingredients: Soy protein isolate, rice flour, gelatin, mixed tocopherols, calcium palmitate.

Contains soy.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA • 1-800-437-4148

Rev 2 10 05 18

SWU371

