

swanson.com

or call 1-800-437-4148

- Only form of magnesium shown to cross the blood-brain barrier to promote optimum levels within the brain
- Supports learning and memory

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one veggie capsule in the afternoon and two veggie capsules in the evening with water.

Magtein™ (Magnesium L-threonate) is a trademark of Magceutics, Inc. and is distributed exclusively by AIDP, Inc. Magtein™ is covered by U.S. patents #8,178,118 and #8,142,803 and patents pending.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON®

Magnesium L-Threonate

Nervous System Support

FEATURING MAGTEIN™

MINERAL SUPPLEMENT | 90 VEGGIE CAPSULES

Supplement Facts

Serving Size in the Afternoon 1 Veggie Capsule

Serving Size in the Evening 2 Veggie Capsules

	Per Afternoon 1 Veggie Capsule		Per Evening 2 Veggie Capsules	
	Amount	% Daily Value	Amount	% Daily Value
Magnesium (from Magtein™ magnesium L-threonate)	48 mg	11%	96 mg	23%
Magtein™ magnesium L-threonate	670 mg	*	1.34 g	*

*Daily Value not established.

Other ingredients: Brown rice flour, hypromellose (vegetable capsule), calcium palmitate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
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