

swanson.com

or call 1-800-437-4148

- Supports muscle growth and recovery
- Helps maintain healthy memory and cognitive function
- Provides fuel for workouts

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule one to two times per day with water on an empty stomach or as recommended by your healthcare provider.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



L-Glutamine

Muscle Health and Recovery

500 mg per capsule

DIETARY SUPPLEMENT | 100 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

L-Glutamine FCC 500 mg*

*Daily Value not established.

Other ingredients: Gelatin, rice flour, magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

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