

swanson.com
or call 1-800-437-4148

- Contains 12 important vitamins and minerals for healthy growth and development**
- Contains vitamins A, B, C, D and E for well-rounded nutritional support
- Delicious cherry, orange and strawberry flavors

Suggested use: As a dietary supplement, for ages 4 and over chew two gummies per day. Chew thoroughly before swallowing. Gummies may stick together, but this does not affect the potency, quality or efficacy of the product.

WARNING: Not intended for children under 4 years of age. Do not exceed recommended dose. Consult your healthcare provider before using this or any product if you are pregnant or nursing, taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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GUMMIES
DIETARY SUPPLEMENT

SWANSON
Kids
Multivitamin
Nutritional Support for
Healthy Development**
mixed fruit



Supplement Facts

Serving Size 2 Gummies
Servings Per Container 30

Amount Per Serving	%Daily Value
Calories	20
Total Carbohydrates.....	5 g 2%†
Total Sugars.....	3 g *
Includes 3 g Added Sugars.....	6%
Vitamin A (as retinyl acetate)	400 mcg RAE 44%
Vitamin C (as ascorbic acid).....	20 mg 22%
Vitamin D (as cholecalciferol).....	10 mcg 50%
Vitamin E (as dl-alpha tocopheryl acetate).....	7.4 mg 49%
Vitamin B6 (as pyridoxine HCl).....	2 mg 118%
Folate	200 mcg DFE 50%
(120 mcg folic acid)	
Vitamin B12 (as cyanocobalamin).....	2.4 mcg 100%
Biotin	60 mcg 200%
Pantothenic Acid (as d-calcium pantothenate).....	3 mg 60%
Iodine (from potassium iodide).....	42 mcg 28%
Zinc (from zinc sulfate).....	2.7 mg 25%
Sodium.....	5 mg <1%

Inositol (inositol niacinate)..... 40 mcg *

†Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: Glucose syrup, sugar, water, annatto extract (color), choline bitartrate, citric acid, coating (coconut oil, carnauba wax), fruit and vegetable juice (color), natural cherry, natural lemon, natural orange, natural strawberry and natural flavors, pectin, sodium citrate

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