

swanson.com

or call 1-800-437-4148

- An excellent stomach soother and digestive system tonic
- Features guaranteed-potency ginger root extract

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule two times per day with water.

WARNING: For adults only. Consult your health-care provider before using this or any product if you are pregnant or nursing, taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Ginger Root

Digestive Health

STANDARDIZED AND WHOLE HERB

HERBAL SUPPLEMENT | 120 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Ginger Root Extract	250 mg*
<i>(Zingiber officinale)</i> (5% gingerols and shogaols)	
Ginger Root	250 mg*
<i>(Zingiber officinale)</i>	

*Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), magnesium stearate, silica.

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Rev 1 06 2020

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