

swanson.com
or call 1-800-437-4148

- Advanced relaxation formula to tackle stress overload
- Helps maintain physical and emotional wellbeing
- Support healthy brain and nervous system function

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one veggie capsule one to two times per day with water.

BioPerine® and Nature's Thermonutrient® are registered trademarks of Sabinsa Corp. BioPerine® is protected under one or more of the following U.S. patents: #5,536,506; #5,744,161; #5,861,415; #5,972,382 and #6,054,585.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON®

GABAplex

Mental and Emotional Support

WITH L-TYROSINE & L-THEANINE

DIETARY SUPPLEMENT | 60 VEGGIE CAPSULES

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving

GABA (gamma-aminobutyric acid)	250 mg*
L-Glycine	250 mg*
L-Tyrosine	100 mg*
Taurine	100 mg*
L-Theanine	50 mg*
BioPerine® Nature's Thermonutrient® (Piper nigrum) (fruit)	5 mg*

*Daily Value not established.

Other ingredients: Hypromellose (vegetable capsule), magnesium stearate, rice flour, rice concentrate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

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