

swanson.com
or call 1-800-437-4148

- Supports balanced mental and overall health
- Maintains a feeling of calm while remaining alert

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule two times per day with water.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Lion's Mane Mushroom

Brain and Nervous System Health

500 mg per capsule

FULL SPECTRUM

HERBAL SUPPLEMENT | 60 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Lion's Mane Mushroom 500 mg*
(*Hericium erinaceus*)
(Mycelium biomass)

*Daily Value not established.

Other ingredients: Gelatin, rice extract blend, rice flour, rice concentrate.

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