

swanson.com
or call 1-800-437-4148

- Total wellness for mind, body & home
- Unsurpassed purity & potency
- 100% money back guaranteed

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule per day with water.

WARNING: For adults only. May cause drowsiness. Do not use while driving or operating heavy equipment. Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are taking prescription medications, especially sedatives or tranquilizers.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Rhodiola Holy Basil Valerian Stress Complex

Stress and Mood Support

3 IN 1 FORMULA

HERBAL SUPPLEMENT | 180 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
Holy Basil Leaf (<i>Ocimum sanctum</i>)	225 mg*
Rhodiola Root (<i>Rhodiola rosea</i>)	225 mg*
Valerian Root (<i>Valeriana officinalis</i>)	225 mg*

*Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), may contain one or both of the following: magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
 Fargo, ND 58104 USA • 1-800-437-4148

Rev 0 07 20 20

SW1114

