

**swanson.com**

or call 1-800-437-4148

- Maintains healthy blood glucose levels
- Supports healthy digestion
- Promotes hormone balance

Science-Backed Quality Since 1969

**Suggested use:** As a dietary supplement, take one capsule two times per day with water.

**WARNING:** For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Bitter Melon

**Blood Sugar Support**

500 mg per capsule FULL SPECTRUM®

HERBAL SUPPLEMENT | 60 CAPSULES

## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Bitter Melon	500 mg*
(Momordica charantia) (fruit)	

\*Daily Value not established.

Other ingredients: Microcrystalline cellulose (plant fiber), magnesium stearate, silica, gelatin.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS  
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