

swanson.com
or call 1-800-437-4148

- An immune system booster offering stimulating support for natural killer cells and other immune defenders
 - Boosts antioxidant activity
- Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one veggie capsule one to two times per day with water.

WARNING: For adults only. Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are taking any prescription medications or have a medical condition. Discontinue use if unusual symptoms occur.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Full Spectrum[®] 14 Mushroom Complex

Immune Support

MADE WITH ORGANIC MUSHROOMS

HERBAL SUPPLEMENT | 60 VEGGIE CAPSULES

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving	
Organic Mushrooms Blend	490 mg*
Blazei Mushroom (<i>Agaricus blazei</i>) (mycelium).....	35 mg*
Organic <i>Cordyceps Militaris</i> Mushroom	35 mg* (mycelium)
Chaga Mushroom (<i>Inonotus obliquus</i>) (mycelium).....	35 mg*
Fuling Mushroom (<i>Poria cocos</i>) (mycelium)	35 mg*
Lion's Mane Mushroom (<i>Hericium erinaceus</i>)	35 mg* (mycelium)
Maitake Mushroom (<i>Grifola frondosa</i>) (mycelium).....	35 mg*
Mesimakobu Mushroom (<i>Phellinus linteus</i>)	35 mg* (mycelium)
Oyster Mushroom (<i>Pleurotus ostreatus</i>) (mycelium) ..	35 mg*
Reishi Mushroom (<i>Ganoderma lucidum</i>)	35 mg* (mycelium)
Shiitake Mushroom (<i>Lentinula edodes</i>) (mycelium) ..	35 mg* (mycelium)
Turkey Tail Mushroom (<i>Coriolus versicolor</i>)	35 mg* (mycelium)
Willow Bracket Mushroom (<i>Phellinus igniarius</i>)	35 mg* (mycelium)
White Wood Ear Mushroom (<i>Tremella</i>	35 mg* <i>fuciformis</i>) (mycelium)
Zhuling Mushroom (<i>Polyporus umbellatus</i>) (mycelium) ..	35 mg*

*Daily Value not established.

Other ingredients: Pullulan (vegetable-derived polysaccharide) (vegetable capsule), organic brown rice flour, rice bran extract.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS Fargo, ND 58104 USA
Certified Organic by Minnesota Crop Improvement Association (MCIA), St. Paul, MN 55108. Rev 1 11 19 20

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