

swanson.com
or call 1-800-437-4148

- Supports a healthy body weight**
- Clinically studied 7-Keto® DHEA may be up to 3X more effective than diet and exercise alone**

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one veggie capsule two times per day with food and water.

7-Keto® is a Lonza trademark, registered in the USA.
ChromeMate® is a Lonza trademark, registered in the USA.

CHROME MATE®

NOTICE: This product contains naturally occurring caffeine.

WARNING: For adults only. Do not take this product if you are pregnant or nursing. Because chromium may enhance insulin sensitivity and affect glucose levels, diabetics and hypoglycemics should consult their healthcare provider before using this product. Consult your healthcare provider before using this or any product if you are taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON®

7-KETO®

Fit

Weight Management**

with 100 mg of 7-Keto® DHEA

DIETARY SUPPLEMENT | 60 VEGGIE CAPS

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving		% Daily Value
Chromium (from ChromeMate® chromium polynicotinate)	100 mcg	286%
7-Keto® (7-oxo-dehydroepiandrosterone-3β-acetate)	100 mg	*
Green Tea Leaf Extract (<i>Camellia sinensis</i>) (standardized to 50% epigallocatechin-3-O-gallate)	100 mg	*

*Daily Value not established.

Other ingredients: Cellulose (vegetarian capsule), rice flour, microcrystalline cellulose (plant fiber), stearic acid, magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

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