

**swanson.com**

or call 1-800-437-4148

- Boosts immune system function and antioxidant reserve
- Buffered with minerals to prevent potential stomach upset
- Helps combat free radical damage

Science-Backed Quality Since 1969

**Suggested use:** As a dietary supplement, take one capsule one to two times per day with water or as recommended by your healthcare provider.

**WARNING:** For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**SWANSON**

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BUFFERED VITAMIN C WITH BIOFLAVONOIDS  
**Immune Health**

**GENTLE ON THE STOMACH**

VITAMIN SUPPLEMENT | 100 CAPSULES

## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Vitamin C	500 mg	556%
(as calcium ascorbate)		
Calcium	60 mg	5%
(from calcium ascorbate)		
Citrus Bioflavonoid Complex (from citrus aurantium extract) (fruit)	200 mg	*

\*Daily Value not established.

Other ingredients: Gelatin, magnesium stearate, rice flour.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS  
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