

swanson.com

or call 1-800-437-4148

- Vitamin C bonded to calcium so it's gentle on the stomach
- Boosts antioxidant activity
- Promotes immune health

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one tablet one to three times per day with food and water.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.


SWANSON

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BUFFERED VITAMIN C
Immune Health

500 mg per tablet GENTLE ON THE STOMACH

VITAMIN SUPPLEMENT | 250 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Vitamin C	500 mg	556%
(from calcium ascorbate)		
Calcium	56 mg	4%
(from calcium ascorbate)		

Other ingredients: Microcrystalline cellulose (plant fiber), polyvinylpyrrolidone, aqueous film-coating, stearic acid, croscarmellose sodium, magnesium stearate.

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