

swanson.com  
or call 1-800-437-4148

- Supports endurance during workouts and muscle recovery afterward
- Essential for muscle protein synthesis

Science-Backed Quality Since 1969

**Suggested use:** As a dietary supplement, take three capsules per day with water.

**WARNING:** For adults only. Consult your health-care provider before using this or any product if you are pregnant or nursing, taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON®

# BCAA

Branched-Chain Amino Acids

FORTIFIED WITH VITAMIN B6

DIETARY SUPPLEMENT | 100 CAPSULES

## Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 33

Amount Per Serving		% Daily Value
Vitamin B6 USP	7.5 mg	441%
(as pyridoxine HCl)		
L-Leucine	1.02 g	*
L-Isoleucine	513 mg	*
L-Valine	513 mg	*

\*Daily Value not established.

Other ingredients: Gelatin, calcium laurate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS  
 Fargo, ND 58104 USA • 1-800-437-4148

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