

swanson.com
or call 1-800-437-4148

- Digestive enzyme derived from plant sources
- Assists in breaking down foods more efficiently

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one veggie capsule with water immediately before each meal.

BioCore® Optimum Complete is a registered trademark of National Enzyme Company.

WARNING: For adults only. Consult your healthcare provider before use if you are pregnant or nursing, taking prescription medication or if you have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.


SWANSON

BioCore^e
OPTIMUM COMPLETE

Digestive Health

FULL SPECTRUM ENZYMES

DIETARY SUPPLEMENT | 90 VEGGIE CAPS

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving

BioCore® Optimum Complete	220 mg*
Amylase (from <i>Aspergillus oryzae</i>)	7,000 DU*
Protease (from <i>Aspergillus oryzae</i>)	42,000 HUT*
Protease (from <i>Aspergillus oryzae</i>)	8,000 PC*
Alpha-Galactosidase (from <i>Aspergillus niger</i>)	300 GalU*
Glucoamylase (from <i>Aspergillus niger</i>)	18 AGU*
Lactase (from <i>Aspergillus oryzae</i>)	2,000 ALU*
Protease (from <i>Aspergillus niger</i>)	100 SAPU*
Invertase (from <i>Saccharomyces cerevisiae</i>)	799.9 SU*
Lipase (from <i>Candida rugosa</i> , <i>Aspergillus niger</i> and <i>Rhizopus oryzae</i>)	1,000 FIP*
Acid Maltase (from <i>Rhizopus oryzae</i>)	28 MaltU*
Peptidase (from <i>Aspergillus oryzae</i>)	4 AP*

*Daily Value not established.

Other ingredients: Rice bran, hypromellose (vegetable capsule), dextrin/maltodextrin, silica.
DISTRIBUTED BY SWANSON HEALTH PRODUCTS
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