

**swanson.com**

or call 1-800-437-4148

- One-a-day formula
- Functional plant sterol nourishment for men's health needs
- Helps maintain healthy cholesterol levels

Science-Backed Quality Since 1969

**Suggested use:** As a dietary supplement, take one veggie capsule per day with water.

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Phytopin® is a registered trademark of DRT and is licensed to DoICas Biotech, LLC.

**WARNING:** For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Beta-Sitosterol

Cardiovascular and  
Prostate Health

320 mg per capsule

HERBAL SUPPLEMENT | **30 VEGGIE CAPS**

## Supplement Facts

Serving Size 1 Veggie Capsule

| Amount Per Serving  |         | % Daily Value |
|---|---------|---------------|
| Zinc (from TRAACS® zinc glycinate chelate)                          | 15 mg   | 136%          |
| Selenium (from SelenoExcell® organically bound high-selenium yeast) | 200 mcg | 364%          |
| Beta-Sitosterol (from Phytopin® pine phytosterols)                  | 320 mg  | *             |

\*Daily Value not established.

Other ingredients: Hypromellose (vegetable capsule), magnesium stearate, brown rice flour.

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