


swanson.com

or call 1-800-437-4148

- Supports a healthy, natural response to daily stress**
- Promotes a feeling of calmness and relaxation**

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take two capsules one time per day with water. For best results take 30 minutes before a meal.

BioPerine® is a registered trademark of Sabinsa Corp.  **BIOPERINE®**

WARNING: For adults only. Do not take this product if you are pregnant or nursing. Consult your healthcare provider before using this or any product if you are taking medication or have a medical condition. Do not exceed recommended dose.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



High Absorption Ashwagandha & Black Pepper

Stress Support**

4:1 Extract FEATURING BioPerine®

HERBAL SUPPLEMENT | 120 CAPSULES

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 60

Amount Per Serving

Ashwagandha 4:1 Extract 800 mg*
(*Withania somnifera*) (root)

BioPerine® (*Piper nigrum*) 5 mg*
(fruit) (standardized to minimum
95% piperine)

*Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA • 1-800-437-4148

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