

swanson.com
or call 1-800-437-4148

- Comprehensive mineral formula for whole body nutrition
- Albion® chelated vitamins and minerals for optimal absorption
- Features iron, calcium, magnesium, zinc and much more

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take two capsules one to two times per day with food and water.

Albion®, TRAACS®, Ferrochel® and the Gold Medallion® are registered trademarks of Albion Laboratories, Inc.



WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: For adults only. Consult your healthcare provider if you are pregnant or nursing, taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Albion® Multi-Mineral With Iron

Overall Health

AMINO ACID CHELATE

DIETARY SUPPLEMENT | 120 CAPSULES

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 60

Amount Per Serving	% Daily Value
Calcium (from TRAACS® calcium glycinate chelate and dicalcium phosphate)	150 mg5%
Iron (from TRAACS® Ferrochel® (ferrous bisglycinate chelate))	4 mg22%
Phosphorus (from dicalcium phosphate)	27 mg2%
Iodine (from kelp)	200 mcg133%
Magnesium (from TRAACS® magnesium lysyl glycinate chelate)	30 mg7%
Zinc (from TRAACS® zinc glycinate chelate)	15 mg136%
Selenium (from Albion® amino acid complex)	200 mcg364%
Copper (from TRAACS® copper glycinate chelate)	0.05 mg6%
Manganese (from TRAACS® manganese bisglycinate chelate)	0.56 mg24%
Chromium (from TRAACS® chromium nicotinate glycinate chelate)	12 mcg34%
Molybdenum (from TRAACS® molybdenum glycinate chelate)	12.5 mcg28%
Potassium (Albion® amino acid complex)	72 mg2%
Horsetail Grass Stem Extract (Equisetum arvense) (standardized to 7% silica)	62 mg*
Chlorella (Chlorella vulgaris) (broken cell wall)	5 mg*
Amylase	3.32 mg*
Lipase	3.32 mg*
Protease	3.32 mg*
Vanadium (from TRAACS® vanadium nicotinate glycinate chelate)	15 mcg*
Boron (from Albion® bororganic glycine)	4 mcg*

*Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), maltodextrin, citric acid, magnesium stearate.

Contains crustacean shellfish (lobster, shrimp and crab).

DISTRIBUTED BY SWANSON HEALTH PRODUCTS • Fargo, ND 58104 USA • 1-800-437-4148

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