



Energy C with Electrolytes

Immune Health**

natural orange flavor ANTIOXIDANT VITAMIN BLEND

VITAMIN AND MINERAL SUPPLEMENT
NET WT 30 — 0.16 OZ (4.6 G) STICK PACKS

Supplement Facts

Serving Size 1 Stick Pack 0.16 oz (4.6 g)
Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin A (as beta-carotene)	450 mcg RAE	50%
Vitamin C (as ascorbic acid and ascorbic acid from Transport-C PLUS®)	1,000 mg	1,111%
Thiamin (thiamin HCl) (vitamin B1)	0.38 mg	32%
Riboflavin (vitamin B2)	0.43 mg	33%
Niacin	5 mg NE	31%
Vitamin B6 (from pyridoxine HCl)	10 mg	588%
Folate (9 mcg folic acid)	15 mcg DFE	4%
Vitamin B12 (as methylcobalamin)	30 mcg	1,250%
Pantothenic Acid (as d-calcium pantothenate)	2.5 mg	50%
Calcium (from calcium citrate and carbonate)	50 mg	4%
Magnesium (from magnesium oxide)	60 mg	14%
Zinc (from zinc ascorbate)	2 mg	18%
Manganese (from manganese gluconate)	0.5 mg	22%
Chromium (from Chromax® chromium picolinate)	10 mcg	29%
Sodium (from sodium bicarbonate)	68 mg	3%
Potassium (from potassium bicarbonate)	200 mg	4%
Alpha Lipoic Acid (from Alpha Lipoic Acid and Transport-C PLUS®)	36 mg	*
Quercetin	1 mg	*

*Daily Value not established.

Other ingredients: Citric acid, natural orange flavor, stevia, silica, beetroot powder.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
Fargo, ND 58104 USA • 1-800-437-4148

Revitalize Your Immune Health

This great-tasting, effervescent drink mix features electrolytes plus supporting vitamins and minerals to fight free radicals and boost immune health while supporting hydration and energizing body and mind.**

KEY BENEFITS IN EVERY SERVING

Simple Ingredients

No artificial flavors or colors & sweetened with natural stevia leaf

Energizing Nutrition

Energizing vitamins & minerals plus electrolytes

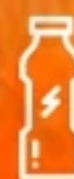
Hydrating & Revitalizing

Encourages hydration & enhances antioxidant activity in the body

Immune Support

Features immune health-supporting nutrients & antioxidants**

TRY IT...



Before/After a Workout



On-the-Go Anytime



Seasonal Support**



Immune Support While Traveling**

swanson.com
or call 1-800-437-4148

- Refreshingly effervescent citrus-flavored vitamin C drink mix
- Immune-supporting blend of vitamins, minerals & antioxidants**
- Includes essential electrolytes to promote hydration**

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, mix contents of one stick pack with six ounces of water one to two times per day. Adjust water amount to taste.

Chromax® is a registered trademark of Nutrition 21.
Transport-C PLUS® is a registered trademark of Hellos Corp.

WARNING: For adults only. Consult your healthcare provider before using this or any product if you are pregnant or nursing, taking medication or have a medical condition.

⚠️ WARNING: Cancer and Reproductive Harm—www.P65Warnings.ca.gov

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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