

100% QUALITY
SATISFACTION GUARANTEE

NATURE'S TRUTH®

VITAMINS

VALUE SIZE

Fast Dissolve

MELATONIN

12 mg

NATURAL BERRY FLAVOR



GLUTEN FREE
NON GMO

DIETARY SUPPLEMENT

120 FAST DISSOLVE TABLETS



MAXIMUM STRENGTH
NIGHTTIME SLEEP AID FOR
OCCASIONAL SLEEPLESSNESS†

Supplement Facts

Serving Size: 1 Fast Dissolve Tablet
Servings Per Container: 120

Amount Per Serving %Daily Value

Melatonin 12 mg *

*Daily Value not established.

OTHER INGREDIENTS: Mannitol, Natural Flavors, Cellulose (Plant Origin), Beet Root Color, Crospovidone, Dextrose, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Sucralose, Silica.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: For adults, take one (1) fast dissolve tablet 30 minutes before bedtime as Melatonin may produce drowsiness. To assess tolerance, start with 1/2 tablet. Do not exceed recommended dose of 1 tablet per day. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

NO Gluten, Yeast, Milk, Lactose, Soy, Artificial Flavor, Preservatives.

NON-GMO • VEGETARIAN FORMULA

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