

100%
QUALITY

SATISFACTION
GUARANTEE

NATURE'S TRUTH®

VITAMINS

Fast Dissolve

MELATONIN
12 mg

NATURAL BERRY
FLAVOR

GLUTEN FREE
NON GMO

60 FAST DISSOLVE
TABLETS

Supplement Facts

Serving Size: 1 Fast Dissolve Tablet

Servings Per Container: 60

Amount Per Serving	%Daily Value
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Melatonin	12 mg *
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*Daily Value not established.

OTHER INGREDIENTS: Mannitol, Natural Flavors, Cellulose (Plant Origin), Beet Root Color, Crospovidone, Dextrose, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Sucralose, Silica.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MAXIMUM STRENGTH
NIGHTTIME SLEEP AID FOR
OCCASIONAL SLEEPLESSNESS†

DIRECTIONS: For adults, take one (1) fast dissolve tablet 30 minutes before bedtime as Melatonin may produce drowsiness. To assess tolerance, start with 1/2 tablet. Do not exceed recommended dose of 1 tablet per day. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

NO Gluten, Yeast, Milk, Lactose, Soy,
Artificial Flavor, Preservatives.

NON-GMO • VEGETARIAN FORMULA

Carefully Manufactured by
Nature's Truth LLC
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DIETARY
SUPPLEMENT