

Sitopaladi POWDER

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement
1 lb • 454g



Sitopaladi powder

Removes excess vata, pitta, and kapha from the head and chest*

Promotes healthy, clear respiration*

Promotes natural expectoration and healthy lungs*

Bolsters the immune system*

Sitopaladi is a traditional Ayurvedic formula for bolstering the immune system and promoting health and well-being. It promotes healthy expectoration and supports proper function of the lungs and sinuses. Sitopaladi removes excess vata, pitta, and kapha from the head and chest helping to promote clear, healthy respiration. "Sitopala" literally means "rock candy" an ingredient that soothes pitta and calms vata. "Adi" means "etcetera" and refers to the heating herbs and spices that help to enkindle the digestive fire and burn kapha.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

Not to be used during pregnancy. If you are nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Sustainably Sourced

Fairly Traded

Banyan Botanicals was founded in 1996 with the mission to help people achieve and maintain optimal health and well-being. As an Ayurvedic lifestyle company, we specialize in products made from Ayurvedic herbs that are organically grown, sustainably sourced, fairly traded, and made in the USA. Banyan is committed to providing exceptional customer service, inspiring educational content, and the highest quality Ayurvedic herbs that are safe, pure, and effective.

Rev. 03



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Supplement Facts

Serv Size: ½ tsp Servings: 360

Amount Per Serving

Proprietary Blend ½ tsp**

Cane sugar⁺, Bamboo stem *Bambusa arundinacea*⁺, Long Pepper fruit (Pippali) *Piper longum*⁺, Cardamom seed *Elettaria cardamomum*⁺, Cinnamon bark *Cinnamomum verum*⁺, Tapioca starch⁺

⁺Certified Organic

^{**}Daily Value Not Established

Lot No. XXXXXX

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Certified Organic by: QAI



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