

AMINO. ENERGY ELECTROLYTES



WATERMELON

Naturally and Artificially Flavored

Sparkling Hydration Drink

12-12 FL OZ (355 mL) CANS / NET 1.125 GAL (4.26 L)

DIRECTIONS: DRINK 1 CAN 15-30 MINUTES PRIOR TO YOUR WORKOUT OR ANY TIME OF THE DAY. DO NOT SHAKE.

ESSENTIAL AMIN.O. ENERGY PLUS ELECTROLYTES* offers a combination of 5 grams of Amino Acids, 100 milligrams of Caffeine, and Electrolytes to support performance, endurance and active living.

BENEFITS:

- + Supports Everyday Performance and Goals
- + Replaces Electrolytes Lost In Sweat During Exercise
- + Supports Endurance



*100mg of caffeine FROM NATURAL SOURCES





ZERO SUGAR

OCCASION

ANYTIME YOU NEED AN ENERGY BOOST

PRE-WORKOUT ENERGY & HYDRATION

POST WORKOUT RECOVERY & REHYDRATION

ANYTIME OF THE DAY

15-30 MINS BEFORE TRAINING

AFTER TRAINING

SUGGESTED USE: Consume as part of a healthy diet and exercise program and drink at least 100 fl oz of water per day. Exercise may increase your need for fluid intake. Do not combine with alcohol or consume more than 3 servings in a 24 hour period.

Nutrition Facts 1 Can (12 fl oz) Serving size Amount per serving **Calories** % Daily Value* Total Fat 0g 0% 4% Sodium 100mg Total Carbohydrate 1g 0% 0% Protein 0q Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron and *The % Daily Value tells you how much a nutrient in a serving of food

INGREDIENTS: Carbonated Water, Amino Blend (L-Threonine, L-Leucine, L-Citrulline, L-Theanine, L-Alanyl-L-Glutamine, Micronized Taurine, L-Lysine Hydrochloride), Natural and Artificial Flavor, Citric Acid, Malic Acid, Sodium Citrate, Potassium Sorbate and Potassium Benzoate (as Preservatives), Sucralose, Caffeine (from Tea Leaf and/or Coffee Bean), Potassium Chloride, Magnesium Phosphate.

MANUFACTURED FOR OPTIMUM NUTRITION, INC. 3500 LACEY ROAD, SUITE 1200 DOWNERS GROVE, IL 60515 1 (800) 705-5226



MADE IN THE USA
This product contains ingredients
of international and domestic origin